

Employee Assistance Program

TELEPHONIC COUNSELING

FEATURES INCLUDE:

- 24/7 access.
- Short-term, structured counseling sessions.
- Services are completely confidential.
- Access from the privacy of your home or office, when and where you need it.
- Available to you or your family members.
- In the Moment Counseling



Help from a counselor is just a phone call away with telephonic and *in-the-moment* counseling provided as part of your Employee Assistance Program. When you call, the phone is answered by a master's-level counselor who can provide immediate support and help you schedule a telephonic counseling session or an in-person appointment. We will also get you matched with a therapist who can best support your concern.

Call from the privacy of your home or office, and one of our helpful counselors will assist you in addressing issues that may be affecting your well-being at work or at home.

TOLL-FREE: 866-212-6096

WEBSITE: <https://neelyeap.helpwheretheyouare.com>

COMPANY CODE: UH

